



Create a Safe, Effective and Enjoyable environment for all involved

18-Hour Positive Behaviour Practices workshop: This hands-on workshop covers the basic concepts of behaviourism and Positive Behaviour Support practices, along with implementation of strategies based on IABA's Multi-Element Model, including skills teaching and behaviour reduction strategies. The workshop will also provide orientation to generic Positive Behaviour Supports applicable to a variety of situations. In addition, data collection strategies and behaviour incident reports will be discussed and practiced and role-plays of various situations will provide hands-on experience. Participants will receive a Certificate certifying they have completed a 18-Hour workshop in '*Positive Behaviour Practices: From Core Values to Core Practice*' and passed the associated knowledge tests.

The **Positive Behaviour Practices** training provides an evidence-based, person-centered, non-aversive model and methods to prevent and respond to behaviours of concern. The training is designed to facilitate service providers as they creating and deliver safe, effective, and enjoyable supports for individuals with behaviours of concern.

TRAINING OBJECTIVES

DAY 1: BASICS OF APPLIED BEHAVIOUR ANALYSIS

You will learn to:

1. Understand what ABA is;
2. Identify and define behaviours of concern aka as challenging behaviour;
3. Utilise the ABCs of behaviourism;
4. Understand the concepts of reinforcers;
5. Identify the reasons for behaviours of concern;
6. Understand the concept of Episodic Severity;
7. Use Data-Based decision making;

DAY 2: THE MULTI-ELEMENT MODEL

You will learn to:

1. Understand Positive Behaviour Support;
2. Define all parts of the MEM;
3. Identify Proactive Strategies;
4. Identify Focused Support Strategies;
5. Identify Replacement Skill Teaching procedures;
6. Identify Reactive Strategies;
7. Identify alternatives to punishment;

DAY 3: POSITIVE BEHAVIOUR PRACTICES AND ROLE-PLAYS

You will learn to:

1. Create Safe, Effective, and Enjoyable support strategies;
2. Implement various generic positive behavioural supports;
3. Link reasons for behaviour(s) of concern with appropriate strategies;
4. Ensure staff consistency with program implementation using visual feedback;
5. Identify changes necessary to make supports maximally effective;

10 Key Components of PBS

Values

1. Prevention and reduction of challenging behaviour occurs within the context of increased quality of life, inclusion, participation, and the defence and support of valued social roles
2. Constructional approaches to intervention design build stakeholder skills and opportunities and eschew aversive and restrictive practices
3. Stakeholder participation informs, implements and validates assessment and intervention practices

Theory and evidence base

4. An understanding that challenging behaviour develops to serve important functions for people
5. The primary use of applied behaviour analysis to assess and support behaviour change
6. The secondary use of other complementary, evidence-based approaches to support behaviour change at multiple levels of a system

Process

7. A data-driven approach to decision making at every stage
8. Functional assessment to inform function-based intervention
9. Multicomponent interventions to change behaviour (proactively) and manage behaviour (reactively)
10. Implementation support, monitoring and evaluation of interventions over the long term

Gore, Nick J; McGill, Peter; Toogood, Sandy; Allen, David; Hughes, J Carl; Baker, Peter; Hastings, Richard P; Noone, Stephen J; Denne, Louise D (2013), 'Definition and scope for positive behavioural support', *International Journal of Positive Behavioural Support*, vol. 3, no. 2, pp. 14-23(10)

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The National Autistic Society (www.autism.org.uk) is the leading UK charity for autistic people (including those with Asperger syndrome) and their families.

NAS provides information, support and pioneering services, and campaigns for a better world for autistic people. Please get involved or make a donation today.

ABOUT THE WORKSHOP LEADER: ELIZABETH C. HUGHES, PhD

Dr. Hughes is a Clinical Psychologist and Clinical Director of the Institute for Applied Behaviour Analysis in Los Angeles, California. She spends much of her time as a guest lecturer, training personnel in school districts and service organizations regarding positive behaviour practices, group behaviour intervention, the design of comprehensive curriculum plans, and The Behavioural-Developmental Model. She specializes in the diagnosis and treatment of pervasive developmental disorders, including individuals on the Autism Spectrum, the creation of training programs for professionals and parents, and the continued refinement of IABA's comprehensive behavioural developmental curriculum.

WHAT THE PARTICIPANTS ARE SAYING

- ◆ *“Lizzie’s delivery was fluid and this was indicative of her depth of knowledge of this body of work. It offered a comprehensive program which can be easily applied to a case. I liked the case scenarios we worked through... It had all the elements of a good presentation for me. I felt that I walked out with a good tool... Thank you.”*
- ◆ *“Lizzie was incredibly entertaining and incredibly knowledgeable — a rare combination.”*
- ◆ *“Lizzie gave examples from preschool to elderly — varying diagnoses, varying settings, and varied intervention type. Really all bases were covered, everyone got their clinical needs met and questions answered.”*
- ◆ *“The writing plans practice where Lizzie could guide us step by step and then correct errors in real time was one of the most helpful training opportunities I have had in my entire career.”*

VENUES | Program begins promptly at 9:00 AM and ends at 4:30 PM each day.

CANCELLED: LONDON 4 - 6 October 2017: Crowne Plaza London Heathrow, Stockley Road, West Drayton, Middlesex UB7 9N, 0871 942 9140, free car parking

CANCELLED: MANCHESTER 9 - 11 October 2017: Manchester Airport Marriott Hotel, Hale Road, Hale Barns, Manchester WA15 8XW, 0161 9040 0301, car park £8.00 per day (6-12 hours)

CANCELLED: CARDIFF October 16 - 18, 2017: Whitchurch Rugby Sports and Social Club, Samuels Crescent, Whitchurch, Cardiff CF14 2TH,

GLASGOW 23 - 25 October 2017: National Autistic Society, 109 Hope St, Glasgow G2 6LL, 0141 221 8090

Maps and directions to venues are available at www.iaba.com

Continuing Education for BCBA's is available (ACE provider OP-02-0027).

REGISTRATION FORM (CLASS SIZE IS LIMITED - REGISTER EARLY)

Register online at www.iaba.com/venues.html, or scan and email form to jmarshall@iaba.com

Agency _____

Address _____

City/Town _____ Cty _____ Post Code _____

Telephone _____ Fax _____

NAMES OF PARTICIPANTS (Please provide an individual email address for each participant)

1. _____ Email _____

2. _____ Email _____

3. _____ Email _____

4. _____ Email _____

5. _____ Email _____

REGISTRATION FEE

- We will mail a check, please send an invoice. We would like to pay by credit card.

Before **18 September 2017**: £450 per person | After **18 September 2017**: £500 per person

Fee includes handouts, morning and afternoon tea. Lunch is “on your own.”