



Create a Safe, Effective and Enjoyable environment for all involved

18-Hour Positive Behavior Support workshop: This hands-on workshop covers the basic concepts of behaviorism and Positive Behavior Support practices, along with implementation of strategies based on IABA's Multi-Element Model, including skills teaching and behavior reduction strategies. The workshop will also provide orientation to generic Positive Behavior Supports applicable to a variety of situations. In addition, data collection strategies and behavior incident reports will be discussed and practiced and role-plays of various situations will provide hands-on experience. Participants will receive a Certificate certifying they have completed an 18-Hour workshop in *'Positive Behavior Support: From Core Values to Core Practice'* and passed the associated knowledge tests.

The **Positive Behavior Support** training provides an evidence-based model which includes person-centered, non-aversive methods to prevent and respond to behaviors of concern. The training is designed to facilitate service providers as they create and deliver safe, effective, and enjoyable supports for individuals with behaviors of concern.

TRAINING OBJECTIVES

DAY 1: BASICS OF APPLIED BEHAVIOR ANALYSIS

You will learn to:

1. Understand what ABA is;
2. Identify and define behaviors of concern, aka challenging behavior;
3. Utilize the ABCs of behaviorism;
4. Understand the concepts of reinforcers;
5. Identify the reasons for behaviors of concern;
6. Understand the concept of Episodic Severity;
7. Use Data-Based decision making

DAY 2: THE MULTI-ELEMENT MODEL

You will learn to:

1. Understand Positive Behavior Support;
2. Define all parts of the MEM;
3. Identify Proactive Strategies;
4. Identify Focused Support Strategies;
5. Identify Replacement Skill Teaching procedures;
6. Identify Reactive Strategies;
7. Identify alternatives to punishment

DAY 3: POSITIVE BEHAVIOR PRACTICES AND ROLE-PLAYS

You will learn to:

1. Create Safe, Effective, and Enjoyable support strategies;
2. Implement various generic positive behavioral supports;
3. Link reasons for behavior(s) of concern with appropriate strategies;
4. Ensure staff consistency with program implementation using visual feedback;
5. Identify changes necessary to make supports maximally effective

10 Key Components of PBS

Values

1. Prevention and reduction of challenging behavior occurs within the context of increased quality of life, inclusion, participation, and the defence and support of valued social roles
2. Constructional approaches to intervention design build stakeholder skills and opportunities and eschew aversive and restrictive practices
3. Stakeholder participation informs, implements and validates assessment and intervention practices

Theory and evidence base

4. An understanding that challenging behavior develops to serve important functions for people
5. The primary use of applied behavior analysis to assess and support behavior change
6. The secondary use of other complementary, evidence-based approaches to support behavior change at multiple levels of a system

Process

7. A data-driven approach to decision making at every stage
8. Functional assessment to inform function-based intervention
9. Multicomponent interventions to change behavior (proactively) and manage behavior (reactively)
10. Implementation support, monitoring and evaluation of interventions over the long term

Gore, Nick J; McGill, Peter; Toogood, Sandy; Allen, David; Hughes, J Carl; Baker, Peter; Hastings, Richard P; Noone, Stephen J; Denne, Louise D (2013), 'Definition and scope for positive behavioral support', *International Journal of Positive Behavioral Support*, vol. 3, no. 2, pp. 14-23(10)

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Since 1976, Turning Point Community Programs (TPCP) has had the privilege of offering psychiatric services, support and advocacy for people working to overcome the effects of mental illness. TPCP currently operates 36 programs throughout Sacramento, Stanislaus, Merced, Yolo, Placer, Butte, Nevada, and Solano Counties. Services are provided to children and their families, Transition Aged Youth (TAY) (18 to 25), adults (26 – 59), and older adults (60+). Depending on the program, the spectrum of support ranges from low intensity respite services to high intensity Crisis Residential Program services as well as supporting those in locked facilities.

TPCP began with a unique vision about offering caring, hope, respect, and support on the path to recovery and mental health. Turning Point now employs more than 650 and is privileged to serve more than 7,000 mental health consumers each year.

ABOUT THE WORKSHOP LEADER: ELIZABETH C. HUGHES, Ph.D., BCBA

Dr. Hughes is a licensed Clinical Psychologist and Clinical Director of the Institute for Applied Behavior Analysis in Los Angeles, California. She spends much of her time as a guest lecturer, training personnel in school districts and service organizations regarding positive behavior practices, group behavior intervention, the design of comprehensive curriculum plans, and The Behavioral-Developmental Model. She specializes in the diagnosis and treatment of pervasive developmental disorders, including individuals on the Autism Spectrum, the creation of training programs for professionals and parents, and the continued refinement of IABA's comprehensive behavioral developmental curriculum.

CONTINUING EDUCATION

Behavior Analysts: IABA® is an approved BACB® continuing education provider (ACE Provider number is OP-02-0027). The Behavior Analyst Certification Board® (BACB®) does not sponsor, approve or endorse the Institute for Applied Behavior Analysis® the materials, information or sessions identified herein. Turning Point Community Programs (TPCP) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. CAMFT Provider # 130161. TPCP is approved by the California State Board of Registered Nursing as a continuing education provider for BRNs. Provider # 15186. TPCP is approved by the California Consortium of Addiction Professionals to sponsor continuing education for LAADCs, LADCs and CADCs. Provider # 5-18-299-0720. Continuing education for ARFs and GH Administrators has been applied for. **Each day earns 6 CE.**

WHAT THE PARTICIPANTS ARE SAYING

- ◆ *“Lizzie’s delivery was fluid and this was indicative of her depth of knowledge of this body of work. It offered a comprehensive program which can be easily applied to a case. I liked the case scenarios we worked through... It had all the elements of a good presentation for me. I felt that I walked out with a good tool... Thank you.”*
- ◆ *“Lizzie was incredibly entertaining and incredibly knowledgeable — a rare combination.”*
- ◆ *“Lizzie gave examples from preschool to elderly — varying diagnoses, varying settings, and varied intervention type. Really all bases were covered, everyone got their clinical needs met and questions answered.”*
- ◆ *“The writing plans practice where Lizzie could guide us step by step and then correct errors in real time was one of the most helpful training opportunities I have had in my entire career.”*

VENUE | Program begins promptly at 9:00 AM and ends at 4:30 PM each day.

TPCP, 3120 Freeboard Drive, West Sacramento, CA 95691 | Free parking | Go to iaba.com/seminar.htm for map

SACRAMENTO REGISTRATION FORM (Class size is limited; early registration is recommended)

Register online at www.iaba.com/seminar.htm, or scan and email form to jmarshall@iaba.com

Agency _____

Address _____

City _____ State _____ Zip Code _____

Telephone _____ Fax _____

NAMES OF PARTICIPANTS (Please provide an individual email address for each participant)

1. _____ Email _____

2. _____ Email _____

3. _____ Email _____

4. _____ Email _____

REGISTRATION FEE: Before **September 29, 2019:** \$450 per person | **After September 29, 2019:** \$550 per person | Fee includes handouts, morning and afternoon tea. Lunch is “on your own.”